

## Fun with Chinese Dance

as part of NAC-AEP (Exposure) Programme

Programme Title:	Fun with Chinese Dance
Art form:	Dance
Target Audience:	Preschool Students
Venue required:	Activity Hall or Room
Duration of each session:	1.5 hours
Total no. of sessions:	1 sessions
Material/ Equipment needed:	CD player
Student: Instructor Ratio	1 instructor to 24 students

**Outline of Programme:** There are misconceptions that “Chinese Dance” is all about fans, ribbons, and handkerchiefs. In fact, “Chinese dance” is an umbrella term for dances of Chinese origin.

This programme aims to instil students’ interest and appreciation towards Chinese dance through fun and interactive performance. Children will also have opportunities to express themselves creatively while creating their personalise props and participating in the dance.

### Learning Outcome:

At the end of the programme, the students will be able to: a) enjoy and appreciate Chinese dance as a cultural arts form; b) express themselves through dance.

### Lesson Plan:

Session Objectives	Duration	Student Activity
<b>Session 1</b>		
To equip the students with information of Chinese dance and how it is relevant in Singapore contexts	10-mins	<ul style="list-style-type: none"> <li>- Go through objectives of the course</li> <li>- Share prior knowledge about Chinese dance with instructor</li> <li>- Watch a fun and engaging performance by the instructor</li> </ul>
To equip the students with Chinese dance routine	30-mins	<ul style="list-style-type: none"> <li>- Follow a short dance warm up routine</li> <li>- Follow a short dance routine</li> </ul>
To introduce to the common props used in Chinese dance such as fans	20-mins	<ul style="list-style-type: none"> <li>- Taught to make their personal fans</li> </ul>
To allow the students to perform confidently	20-mins	<ul style="list-style-type: none"> <li>- Perform dance routine as a class</li> </ul>
To allow the students to share their thoughts	10-mins	<ul style="list-style-type: none"> <li>- talk about their liking and understanding about Chinese dance</li> </ul>

**Reference Link:** <https://youtu.be/ckzWW4cWmdo>